



CPRI
Canadian Pain &
Regenerative Institute

• is now offering •
**EMPOWERED
RELIEF**



A 2-hour group pain education and management class

Train your brain away from pain

SATURDAYS

**3:30 PM
TO
5:30 PM**

**#301-1541
WEST
BROADWAY**

- Learn about pain and what you can do to help yourself
- Gain pain relief skills you can use right away
- Receive a free binaural relaxation audio file
- Develop a personal plan for pain relief

Classes are fully covered by MSP, at no cost to you!

This skills-based class requires only ONE visit.
To register, visit our front desk at CPRI!