

REFERRAL FORM

Date: _____ Patient Name: _____

Referring Physician: _____ Billing Number: _____ Fax: _____

Family Physician: _____ HCN: _____

Address Of Patient: _____

Date Of Birth: *DD / MM / YYYY* Telephone #: *CELL* *HOME*

Patient consents to be contacted by email or SMS (for scheduling & confirmation purposes)

Email: _____ Telephone: *CELL*

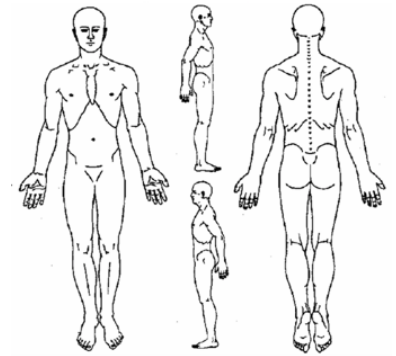
Reason For Referral: _____

Onset or Duration of Pain (approximately): _____

Location of Primary Pain

(physician or patient can fill):

Brief Clinical History (Please attach ALL relevant consult notes and imaging reports, list of past medical/surgical/psychiatric history, if available.):



Service Requested (check most applicable):

- Sports Medicine Consultation** (e.g. focal knee or shoulder pain, <6 months)
- Musculoskeletal Physiatry Consultation** (e.g. regional or multi-focal pain)
- Interventional Pain Medicine Consultation** (e.g. chronic neck/ back pain, sciatica)

Type of injection requested (if known): _____

- Complex Chronic Pain Consultation** (e.g. fibromyalgia)
- Active Rehabilitation** (e.g. movement-based physical therapy)
- Pain Psychology/ Self-Management**

URGENT Assessment (please explain why): _____

Notes:

- 1) To provide timely access to all patients, we are unable to take over the role of opioid prescribing, which requires short-interval follow-up. We collaborate with referring physicians and provide recommendations for opioid and non-opioid medications.
- 2) We cannot accept patients with untreated addictions at this time.

OUR TREATMENTS

ACTIVE REHABILITATION

- Our rehabilitation therapists will work with patients to develop a movement-based exercise program and optimize their function.

PSYCHOLOGICAL & SELF-MANAGEMENT STRATEGIES

- We can help identify the impact that chronic pain can have on mental health and work proactively to help develop solutions.

MEDICATION INITIATION & MANAGEMENT STRATEGIES

- Our physicians have extensive knowledge and experience with all classes of pain medications and abide by Canadian and International guidelines for opioid, anti-neuropathic and adjunct medications.

IMAGE-GUIDED (FLUOROSCOPY, ULTRASOUND) INTERVENTIONAL PAIN PROCEDURES

Radiofrequency Technology

- Continuous radiofrequency neurotomy for facet joint pain in cervical, thoracic, lumbar and sacral spine.
- Continuous radiofrequency neurotomy for hip and knee joint pain.
- Pulsed radiofrequency of nerve root.
- Pulsed radiofrequency of peripheral nerve (e.g. suprascapular nerve, greater occipital nerve).
- Pulsed radiofrequency of sphenopalatine ganglion, trigeminal nerve and sympathetic chain.

Cervical Spine

- Third occipital nerve block.
- Third occipital nerve radiofrequency neurotomy.
- Cervical medial branch block.
- Cervical medial branch radiofrequency neurotomy.
- Cervical intra-articular joint injection.
- Cervical transforaminal epidural steroid injection.
- Cervical interlaminar epidural steroid injection.
- Cervical sympathetic chain (stellate ganglion) block.

Thoracic Spine

- Thoracic medial branch block.
- Thoracic medial branch radiofrequency neurotomy.
- Thoracic transforaminal epidural steroid injection.
- Thoracic selective nerve root block.
- Thoracic interlaminar epidural steroid injection.
- Thoracic facet joint intra-articular injection.
- Thoracic intercostal nerve block.
- Thoracic intercostal nerve pulsed radiofrequency.

Lumbar Spine

- Lumbar medial branch block.
- Lumbar medial branch/ dorsal ramus radiofrequency neurotomy.
- Lumbar transforaminal epidural steroid injection.
- Lumbar selective nerve root block.
- Lumbar interlaminar epidural steroid injection.
- Lumbar facet joint intra-articular injection.
- Lumbar diagnostic discography.
- Lumbar intradiscal biacuplasty.
- Percutaneous caudal epidural adhesiolysis/ epidural lysis of adhesions/ Racz procedure.

Sacral Spine

- Sacroiliac joint intra-articular injection.
- Sacral lateral branch block.
- Sacral lateral branch radiofrequency neurotomy.
- Caudal epidural injection.

Head, Neck and Face

- Sphenopalatine ganglion block and pulsed radiofrequency.
- Trigeminal nerve block and pulsed radiofrequency.
- Botulinum toxin injection (for headache).
- Greater & lesser occipital, supraorbital nerve block and pulsed radiofrequency.

Sympathetic Mediated Pain

- Cervical sympathetic chain (stellate ganglion block).
- Lumbar sympathetic plexus block.
- Superior and inferior hypogastric plexus block.
- Ganglion impar block.

Joint, Tendon, Bursa, Muscle

- Intra-articular hip, knee, ankle, shoulder, elbow, wrist and small joint injection.
- Intra-bursal injection.
- Percutaneous tenotomy for tendinosis and partial tearing.
- Percutaneous fenestration for plantar fascia and contractures.
- Percutaneous barbotage for calcific tendinopathy.
- Glenohumeral capsular hydrodilatation/ hydrodistension for adhesive capsulitis.
- Peri-neural injection with hydrodissection (e.g. carpal tunnel syndrome).
- Genicular nerve block and radiofrequency neurotomy.
- Suprascapular nerve block and pulsed radiofrequency.
- Trigger point injection / myofascial release.